



| HUILE ESSENTIELLE | NOM LATIN | UTILISATIONS | | | | | FRAGRANCE | | | | | | | PRECAUTIONS/ NE PAS UTILISER EN CAS DE... | | | | | | | | | | | | | | |
|--------------------------------------|--|--------------|---------------------|------------------|-----------|------------|-----------|--------------------------|----------------------|---------|------|---------|--------------|---|----------------------|------------------|--------|-----------|-------------------------|---------------------------------------|-------------------------------------|--|---------------------------------------|--|-----------------------|---|------------------------------------|---|
| | | Voie orale | Application cutanée | Usage cosmétique | Diffusion | Inhalation | Froid | Frais, mentholé, cinéole | Châle, haqueté, fûle | Herbacé | Basé | Composé | Chaud, épice | Essence de notes de 12 ans | Pathologie hépatique | Pathologie urale | Asthme | Epilepsie | Hypertension, grossesse | Pathologie hormonodépendante, diabète | Pas d'usage prolongé par voie orale | Dermocaustique, à éviter (souvent) en usage cutané | Huile essentielle photosensibilisante | Utile au traitement possible de l'asthme | Pris d'anticoagulants | Interdit aux personnes allergiques à l'aspirine | Pris d'un traitement anticoagulant | |
| Basilic exotique bio | Ocimum basilicum var. basilicum | X | X | | | X | | | X | | | X | | | | | | X | X | X | X | | | | | | | |
| Bay Saint Thomas | Pimenta racemosa | | X | X | | | | | | | | X | X | | | | | X | X | X | | | | | | | | |
| Bergamote bio | Citrus bergamia | X | X | X | X | X | | X | | | | | X | | | | | X | X | X | | | X | X | | | | |
| Bois de Ho bio | Cinnamomum camphora CT linolat | X | X | X | X | X | X | | | | | | | | | | | | | | | | | | X | | | |
| Bois de Rose | Aniba roseoedra | | X | X | X | X | X | | | | | | | | | | | | | | | | | | X | | | |
| Bois de santal | Santalum austrocaledonicum | | X | X | X | X | | | | X | | X | | | | | | | | X | | | | | | | | |
| Cade bio | Juniperus oxycedrus | | X | X | X | X | | | | X | | | | | | | | | | X | | | | | | | | |
| Camomille allemande | Matricaria recutita | X | X | X | | | | | X | | | | | | | | | | | X | X | | | | | | | |
| Camomille romaine | Chamaemelum nobile ou Anthemis nobilis | X | X | X | X | X | | | X | | | | | | | | X | X | X | X | | | | | | | | |
| Cannelle de Ceylan bio | Cinnamomum Zeylanicum | X | X | X | | | | | | | | X | X | X | | | | | | X | X | | | | X | | | |
| Cannelle de Chine sauvage | Cinnamomum cassia | X | X | X | X | X | | | | | | X | X | X | | | | | | X | X | | | | | | | |
| Carotte bio | Daucus carota | X | X | X | | | | | | | | X | | | | | | X | X | X | X | | | | | | | |
| Cèdre d'Atlas bio | Cedrus libani var. atlantica | | X | X | | X | | | | X | | X | | | | | | | | X | | | | | | | | |
| Cèdre de Virginie sauvage | Juniperus virginiana | | X | X | | | | | | X | | X | | X | | | | | | X | | | | | | | | |
| Ciste Ladanifère bio | Cistus ladaniferus | | X | X | | | | | | X | | | | X | | | | | | X | | | | | | | X | |
| Citron bio | Citrus limon | X | X | X | X | X | | X | | | | | | | | | | | | X | | | X | X | | | X | |
| Citron vert bio | Citrus aurantifolia | X | X | X | X | X | | X | | | | | | | | | | | | X | | | X | X | | | X | |
| Citronnelle de Java bio | Cymbopogon winterianus | | X | | X | | | X | | | | | | | | | | | | | | | | X | | | | |
| Clou de girofle bio | Eugenia caryophyllus | X | X | X | | X | | | | | X | X | X | | | | | | | X | | | X | X | | | | |
| Cyprès bio | Cupressus sempervirens | | X | X | X | X | | X | X | | | | | | | | X | X | X | X | | | | | | | | |
| Encens bio | Boswellia carteri | | X | X | X | X | | | | X | X | | | | | | | X | X | X | | | | | | | | |
| Epinette noire bio | Picea mariana | X | X | X | X | X | | X | | X | | | X | X | | | | X | X | X | X | | | | | | | |
| Estragon bio | Artemisia dracunculus | X | X | X | | X | | | X | | | | | | | | | | | X | | | | | | | | X |
| Eucalyptus citronné bio | Eucalyptus citriodora | | X | | X | | | | X | | | | | | | | | | | | | | | | | | | |
| Eucalyptus globuleux bio | Eucalyptus globulus | | X | X | X | X | | X | | | | X | | | | | X | X | X | X | | | X | | | | | X |
| Eucalyptus radié bio | Eucalyptus radiata | X | X | X | X | X | | X | | | | | | X | X | | | X | X | X | | | | | | | | X |
| Gauthérie couchée bio | Gaultheria procumbens | | X | | | | | | | X | | | | | | | | | | | | | | | | | | X |
| Gauthérie odorante bio | Gaultheria fragrantissima | | X | | | | | | | X | | | | | | | | | | | | | | | | | | X |
| Genévrier bio | Juniperus communis | X | X | | X | | | | | X | | | | | | | X | X | X | X | X | | | | X | | | |
| Géranium Bourbon bio | Pelargonium graveolens var. Bourbon | | X | X | X | X | | X | | | | | | | | | | | | X | | | | | | | | |
| Géranium d'Egypte bio | Pelargonium graveolens cv Egypte | | X | X | X | X | | X | | | | | | X | | | | | X | X | | | | | | | | |
| Gingembre bio | Zingiber officinale | X | X | | X | X | | | | | | X | | | | | | X | X | X | X | | | X | | | | |
| Hélichryse à capitules bio | Helichrysum gymnocephalum | | X | | X | | | | X | | X | | | | | | | X | X | X | | | | | | | | |
| Hélichryse italienne bio | Helichrysum italicum | | X | X | | | | | X | | X | | | | | | | X | X | X | | | | | | | | X |
| Laurier noble bio | Laureus nobilis | X | X | X | X | | | | | X | X | | | | | | | X | X | | X | | | X | | | | |
| Lavande Aspic bio | Lavandula latifolia | | X | X | X | X | X | | | | X | | | | | | | X | X | X | | | | | X | | | |
| Lavande fine bio | Lavandula angustifolia | X | X | X | X | X | X | | | | | | | | | | | X | X | X | | | | | | | | X |
| Lavandin super de Haute Provence bio | Lavandula burnatii super | | X | X | X | | | | | X | X | | | | | | | X | X | | | | | | | | | |
| Lemongrass bio | Cymbopogon flexuosus | | X | | X | | | | | X | | | | | | | | | | X | | | | X | | | | X |
| Litsée citronnée bio | Librea cubaba | | X | X | X | X | X | | X | | | X | | | | | | X | X | X | | | X | | | | | |
| Mandarine rouge bio | Citrus reticulata | X | X | X | X | X | | X | | | | | | | | | | | | X | | | X | | | | | |
| Marjolaine à coquilles bio | Origanum majorana | X | X | X | X | X | | | X | | | | | | | | X | | | | | | | X | | | | |
| Menthe poivrée bio | Mentha piperata | X | X | X | X | X | | X | | | | X | X | | | | | X | X | X | | | X | | | | | |
| Menthe verte bio | Mentha spicata | X | X | X | X | X | | X | | | | X | X | | | | | X | X | X | | | X | | | | | |
| Myrte rouge bio | Myrtus communis | | X | X | X | | | | X | X | | | | | | | | | X | | | | | | | | | |
| Néroli bio | Citrus aurantium var amara fleurs | | X | X | X | X | X | | | | | | | | | | | | | X | | | | | | | | |
| Niaouli bio | Melaleuca quinquenervia | X | X | X | X | X | | X | | | | | | | | | X | X | X | | | | | | | | | |
| Orange douce bio | Citrus sinensis | X | X | X | X | | | X | | | | | | | | | | | | | | | | X | X | | | |
| Origan compact bio | Origanum compactum | X | X | | | | | | | | | X | | | | | | X | X | X | X | X | X | | | | | |
| Palmarosa bio | Cymbopogon martinii var mollis | | X | X | X | | | X | | | | | | | | | | | | X | | | | | | | | |
| Pamplemousse bio | Citrus paradisi | X | X | X | X | X | | X | | | | | | | | | | | | | | | | X | X | | | |
| Patchouli bio | Pogostemon cablin | | X | X | X | X | X | | | | | X | | | | | | X | X | X | | | | | | | | |
| Petit grain bigarade bio | Citrus aurantium var amara feuilles | | X | X | X | | | X | | | | | | | | | | | | | | | | | | | | |
| Pin sylvestre bio | Pinus sylvestris | | X | X | X | | | | X | | | | X | | | | | | | X | X | X | X | | | | | X |
| Poivre noir bio | Piper nigrum | X | X | | | | | | | | | X | | | | | | | | X | X | X | X | | | | | |
| Ravintsara CT 1.8 cinéole bio | Cinnamomum camphora CT cinéole | X | X | | X | X | | X | | | | | | | | | | X | X | X | | | | | | | | |
| Romarin à camphre bio | Rosmarinus officinalis camphoriferum | | X | | | | | | | | X | | | | | | | | X | X | | | | | | | | X |
| Romarin à cinéole bio | Rosmarinus officinalis à cinéole | X | X | X | X | | | | X | | | | | | | | | | X | X | | | | | | | | X |
| Romarin à verbenone bio | Rosmarinus officinalis verbenoniferum | X | X | | | X | | | X | X | | | | | | | | X | X | X | X | X | | | | | | |
| Saro bio | Cinamomum fragrans | X | X | X | X | X | | X | | | | | | | | | X | X | X | X | X | | | | | | | |
| Sarriette des montagnes bio | Satureja montana | X | X | | | | | | X | | X | | X | X | | | | | | | | | X | X | | | | |
| Sauge sclérée bio | Salvia sclarea | X | X | X | | | | | X | | | | | | | | | | | X | | | | | | | | |
| Tea Tree bio | Melaleuca alternifolia | X | X | X | X | X | | X | | | | | | | | | X | X | X | | | | | | | | | |
| Thym à linalol bio | Thymus vulgaris CT linolat | X | X | X | X | X | | X | | | | | | | | | X | X | | | | | | | | | | |
| Thym à Thujanol | Thymus vulgaris CT thujanol | X | X | | | | | | X | | | | | | | | | | | | | | | | | | | |
| Thym à Thymol bio | Thymus vulgaris CT thymol | | X | X | X | X | | X | | | X | X | | | | | | | | | | | | | | | | X |
| Verveine bio | Lippia citriodora | | X | | X | | | X | | | | | | | | | X | X | X | | | | | X | X | | | |
| Ylang Ylang bio | Cananga odorata | | X | X | X | | X | | | | | X | | | | | | | | | | | | X | | | | |